Strategic Reflection

EMA REGULATORY SCIENCE 2025

ECL SUBMISSION TO A PUBLIC CONSULTATION

EMA Regulatory Science to 2025

FIVE GOALS for human medicines regulation

- Catalysing the integration of science & technology in drug development
- Driving collaborative evidence generation and improving the scientific quality of evaluations
- Enabling and leveraging research and innovation in regulatory science
- Addressing emerging health threats and availability/therapeutic challenges
- Advancing patient-centred access to medicines in partnership with healthcare systems

#RegScience2025

Co-funded by the Health Programme of the European Union

June 2019
Every new strategy should be based on a comprehensive risk-benefit assessment which would identify what needs to be changed, improved or what works well in existing context - especially as the current regulatory scheme has been in place for a number of years. The Association of European Cancer Leagues (ECL) lacks this ‘lesson learned’ approach in the new regulatory strategy. Overall, ECL finds the strategy is comprehensive, yet very general, without specific indications where an update of legislation or guidelines/measures is appropriate.

The focus of the strategy should be on the ultimate goal of enabling equal access to high quality medicines European patients. The EMA should ensure that medicines coming to the EU market demonstrate sufficient evidence on their safety, quality and efficacy. In that fashion, regulatory requirements (data provided by manufacturers) should be adapted, so they meet the demands of HTA bodies, payers, patients and the society. The EMA should properly address shortcomings of approved drug efficacy reported in several studies, including the ‘Availability of evidence of benefits on overall survival and quality of life of cancer drugs approved by European Medicines Agency: retrospective cohort study of drug approvals 2009-13’ from BMJ, 2017.

Engagement with patients shall be consistently addressed throughout the document (not only in relation to data collection). It is also necessary to include a strategy on safeguarding transparent relationships with stakeholders and guarantee strong conflicts of interest (CoE) measures are in place.

Transparency should be the key principle in this document, not only when it comes to CoE, but also in terms of availability of information provided during scientific advice, committee meetings (including reasoning for decisions) etc. Data of clinical studies results should also be public.

Furthermore, necessary follow up with national authorities should be an integrated part of this strategy, to prevent discrepancies in implementation of legislation (e.g., Directive 2001/83/EC) and to ensure EMA’s decisions are properly implemented in EU MS. The strategy misses this “local” dimension - necessary if EU regulatory scheme is to work properly.
The EMA should endorse a **patient-centric approach** as opposed to a drug-centric approach.

It is important to **strengthen the scientific requirements** and relevance of RCTs used in the marketing authorisation process. RCTs (particularly Phase III) should collect patient data in relevant subpopulations which will be treated in the clinical practice. Gender and age differences and other relevant subgroups must be reflected in RCTs.

Data from studies used for authorisation should be available for re-analysis as is the case with the U.S. Food and Drugs Administration (FDA).

EMA should consider the duration of the treatment in the assessment process.

In order to improve trust in the EU regulatory system, it could be envisaged to:
- demand **comparative RCTs** where possible;
- require that one of the 2 RCTs for approval be done by an independent party;
- pool resources across Member States to do meaningful-pragmatic RCTs responding to the right questions of clinical practice;
- require **superiority trial** whenever possible rather than non-inferiority trial;
- studies should be done to validate surrogate endpoints. Moreover, the use of surrogate endpoints should be discouraged nor accepted where final outcomes are achievable within a reasonable timeframe;
- demand **independent data analysis** and trial pre-registration (registered report) and independent input into the trial design (or at least the ability to comment – e.g., expanded transparent scientific advice).

In terms of the **post-marketing authorisation generation of evidence** (about the efficacy and safety of new medicinal products) emphasis should be paid to the reporting of adverse effects. Similarly, real world data (RWD) shall be systematically collected and, where possible, used in the regulatory decision-making. E.g., while RWD can be used to characterise the patient population in clinical practice or to collect data on resource use it is challenging, yet necessary, to generate robust RWD on treatment side effects.

The regulator should view **RWD as supportive evidence** or signal eliciting evidence but should be cautious using this data to establish clinical effectiveness due to high confounding. Furthermore, there needs to be a distinction between real world data (RWD) and real world evidence (RWE). RWE should include pragmatic trials as in “close to everyday practice”. “Close to everyday practice” is independent of the study design, it can be done in uncontrolled (single arm) and controlled (both non-randomised or RCTs) trials.

In addition, appropriate quality criteria should be defined before any use of RWE (indicatively: who assesses the data, what is high-quality and to whom, is the appropriate infrastructure in place to collect and assess this sort of data, what are the checks and balances to protect against bias).
Question 5 (human): Please identify the top three core recommendations (in order of importance) that you believe will deliver the most significant change in the regulatory system over the next five years and why.

1. **EXPAND BENEFIT-RISK ASSESSMENT AND COMMUNICATION**

   The push for accelerated approvals and the proliferation of conditional approvals must be evaluated against the original purpose of these flexibilities. They need to remain the exception as they increase uncertainty and put patient safety at risk. Hence, patients need to be fully aware of the benefit-risk ratio of these products. This must be clearly and sufficiently communicated to them (as well as to healthcare professionals).

   *The Agency should ensure that submitted data answers clinically relevant questions rather than just demonstrates safety.* Regulatory decisions should be guided by clearly defined, unmet public health needs.

   Pharmacovigilance activities should remain a priority for the Agency.

2. **FURTHER DEVELOP EXTERNAL COMMUNICATIONS TO PROMOTE TRUST AND CONFIDENCE IN THE EU REGULATORY SYSTEM**

   It is of utmost importance to maintain European citizens’ faith in the work of the EMA. The Agency needs to welcome and endorse constructive criticism and foster a dialogue with critical voices. Most importantly, it needs to proactively dispel any mistrust caused by the links with the pharmaceutical industry. The EMA is a regulator defending the public interest and promoting public health. In terms of the relationship with drug developers, the Agency must show they care for patients by demanding developers to bring sufficient and relevant evidence, also in post-authorisation stage.

   *The perception of the Agency's independence and integrity is equally important. Therefore, it is the Agency's responsibility to proactively dispel any fears about regulatory capture.*
A critical review of existing legislation and practices in order to identify necessary changes to the EMA strategy. A critical review of the implementation of the orphan drugs legislation is important to ensure that the incentives foreseen by the legislator are not abused, misused or overused to the detriment of patients.

More emphasis should be given to added value of new treatments over existing alternatives. Reasoning for regulatory approval should be clear and transparent. EMA should enforce stricter criteria in post-marketing authorisation trials and surveillance. This includes appropriate study designs and endpoints to close remaining information gaps at the point of marketing authorisation. Chapter on new data evaluation should be added.

Pharmacovigilance is practically never mentioned in the strategic document, while it is a key role of the EMA. The Agency should first and foremost guarantee that the medicines on the market are safe, and the activities of pharmacovigilance should be strengthened with drugs arriving on the market at an early development stage. This is particularly important in accelerated approval schemes and CMA.

The strategy of the EMA should include a reflection on the increasing risks of conflicts of interest raised by the planned strategy, which proposes to increase tremendously scientific advice and early relations with drug developers, with the risk to transform the EMA in a co-developer of medicines. The set up of an ethics committee with external and independent personalities should be planned.

Local regulatory practice should also be analyzed as EU regulatory system based on Directive 2001/83 and Regulation 726/2004 encompasses both centralised regulatory bodies (in part. EMA and EU Commission) and local ones (local regulatory agencies).
Question 7 (human): The following is to allow more detailed feedback on prioritisation, which will also help shape the future application of resources.

**Strategic goal 1: Catalysing the integration of science and technology in medicines development**

ECL appreciates:
- Increased collaboration with HTA, notified bodies (devices), payers and patients
- Focus on increased assistance in areas of unmet need
- Attention given to post-approval evidence generation and monitoring (in addition, this should be followed by re-evaluation where appropriate)

ECL calls for:
- More focus should be made not on (accelerated) innovation and new products, but on their efficacy and **evidence-based benefit** they bring to patients. (all of goal 1)
- Patient safety and pharmacovigilance should be considered strongly in this goal. (all of goal 1)
- Affordability and access to ATMPs should be elaborated on more strongly (though calling for ‘creative’ payment models is a vague statement, outside of the mandate of the EMA) (goal 1.2)
- Claim that the PRIME scheme ‘has been broadly successful’ shall be supported by evidence. Conduct an impact assessment of the regulatory schemes which increase uncertainty at the expense of patient safety, such as PRIME and the medicines approved via conditional marketing authorisation (CMA). Present evidence re: experience with those mechanisms so far. Ensure early access schemes and conditional MA are not misused as a market access tool where evidence on safety and efficacy is lacking. Ensure CMA is followed by collection of real world evidence and decisions are re-evaluated once sufficient evidence is generated (goal 1.3)
- Regulatory advice and assessments should include the principle of transparency and CoE (all of goal 1)
Question 7 (human): The following is to allow more detailed feedback on prioritisation, which will also help shape the future application of resources.

**Strategic goal 2: Driving collaborative evidence generation – improving the scientific quality of evaluations**

ECL appreciates:
- Call for critical assessment of emerging endpoints, particularly increased focus on patient relevant endpoints (quality of life - QoL measures) while ensuring data privacy and security principles are safeguarded
- Collaborative approach toward clinical trials (RCTs) and quality data generation (incl. data standardisation and harmonisation of methods)

ECL calls for:
- **Increased transparency** of the pharmaceutical system (including scientific advice, RCTs protocols summary and data and anonymised individual patient data (IPD)). Guarantee that RCT data (incl. IPD) are available to the scientific community for re-analysis and use supporting further drug development (goal 2.11)
- Where possible and appropriate, demand **superiority trials** rather than non-inferiority trials (goal 2.11)
- Where possible and appropriate, demand for **comparative RCTs**. (goal 2.11)
- Confirmatory studies should **elevate patient reported outcomes** (PROs/quality measures) and answer clinically relevant questions (e.g., comparative evidence). (goal 2.11)
Question 7 (human): The following is to allow more detailed feedback on prioritisation, which will also help shape the future application of resources.

(cont) Strategic goal 2: Driving collaborative evidence generation – improving the scientific quality of evaluations

ECL calls for:

- EMA should ensure patients, healthcare professionals and payers feel confident new treatments (newly approved substances) work (better) in comparison with existing alternatives (if available). (goal 2.11)
- In case a positive approval is made based on other than significant clinical benefit - OS or QoL improvement, the reasoning for approval shall be clear and publicly available. (2.11)

- EMA should also enforce stricter criteria in post-marketing authorisation trials and surveillance. This includes appropriate study designs and endpoints to close remaining information gaps at the point of marketing authorisation. (2.10)
- EMA should be able to withdraw a marketing authorisation in case of worrisome toxicity and safety findings during the post-marketing studies. Marketing authorisation could be challenged or adapted if post-authorisation data do not confirm assumed benefits on relevant outcomes or in patient groups not covered by the data submitted for marketing authorisation.
- EMA should perform statistical analysis in house on raw data while ensuring the independence and integrity of the process. Such analyses should be available to 3rd parties. Registrational protocols should be made publicly available for comments before the start of the studies (to avoid using suboptimal comparators) Demand better statistical analysis of observational data (incl. public registration of a detailed study protocol and analysis plan before the start of the study).
- Greater focus on social inequalities, from the perspective of access to treatments for vulnerable populations, not only from data but also from access perspective (2.12)
Question 7 (human): The following is to allow more detailed feedback on prioritisation, which will also help shape the future application of resources.

**Strategic goal 3: Advancing patient-centred access to medicines in partnership with healthcare systems**

ECL fully supports the content of the 3rd goal. Particularly:

- Focus on timely access to affordable, high quality medicines
- Ensuring evidence needed by HTA bodies and payers is incorporated in early drug development plans as well as bridging benefit-risk and relative effectiveness assessments
- Collaboration with HTA and payers on horizon scanning for emerging technologies and defining unmet needs
- Enhanced patient involvement and focus on PROs
- Promotion of high quality RWD in decision-making
- Support of greater uptake of biosimilar products

ECL calls for:

- **Assessment of best practice and more concrete measures** to implement the above points
- **Quality measures should serve as primary endpoints in risk-benefit assessment** (alongside overall survival - OS). Duration of treatment and necessity for hospitalisation should be also considered in the regulatory assessment. (goal 3.17)
- PRO should be collected via non-bias evaluated questionnaires (3.17)
- Collection of toxicity data as RWD (3.18)
ECL appreciates focus of current health threats, including (un)availability of approved medicines. The EMA should work together with the European Commission and WHO to investigate the causes of medicines shortages. All challenges causing shortages, including manufacturing issues, market withdrawals, parallel trade etc., should be addressed together with relevant stakeholders. (goal 4.25) Results of clinical studies should be made available in order to boost repurposing research of marketed products by public research entities. (goal 4.27)

Strategic goal 4: Addressing emerging health threats and availability/therapeutic challenges

ECL finds this goal too general, not bringing new ideas to what was outlined in previous goals. International and cross-sector collaboration should be present throughout the other goals rather than stand on its own. In case it is a stand alone chapter, we recommend to add concrete ideas of collaboration (esp. vs. what is already in place at the moment) and best practices and added value such collaboration brought in different aspects.

Strategic goal 5: Enabling and leveraging research and innovation in regulatory science

ECL finds this goal too general, not bringing new ideas to what was outlined in previous goals. International and cross-sector collaboration should be present throughout the other goals rather than stand on its own. In case it is a stand alone chapter, we recommend to add concrete ideas of collaboration (esp. vs. what is already in place at the moment) and best practices and added value such collaboration brought in different aspects.
About ECL

The Association of European Cancer Leagues (ECL) is a non-profit, European umbrella organisation of national and regional cancer societies, currently representing 29 cancer leagues in 24 European countries.

The ECL Access to Medicines Task Force aims to make cancer medicines available for all cancer patients in Europe by insisting on accessibility, sustainability of the healthcare system and transparency of drug prices. The Task Force strongly believes in the power of dialogue. We urge all stakeholders to push for innovative improved treatments, improving both survival and the quality of life of cancer patients, instead of investments in me-too products. Currently, 25 national/regional cancer leagues, representing over 450 million Europeans, have signed the Task Force's Declaration of Intent.

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Co-funded by the Health Programme of the European Union. ECL has received funding under an operating grant (SGA: 811112) from the Third Health Programme (2014-2020).

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